



Basic Doll Knitting Pattern

-Keep Calm and Cast On ...



This pattern is designed to create a charming, vintageinspired 4-6 inch dolls that can be customised as either boys or girls. These dolls will be part of the Rushden Yarn Bombers' special VE Day knitted display to commemorate the 80th anniversary of VE Day

Basic Knitting Pattern for a 1940s-Style Doll

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SIZE 10 NEEDLES DK KNITTING WOOL - PLEASE ONLY USE MUTED COLOURS IN KEEPING WITH THE TIME

Basic Knitting Pattern for a 1940s-Style Doll

Body and Head:

- 1. Cast on 16 stitches in skin-coloured yarn.
- 2. Work in stocking stitch (knit 1 row, purl 1 row) for 8 rows (head section).
- 3. Switch to clothing colour and knit 10 rows for the torso.
- 4. Divide for legs using skin coloured yarn:
 - Knit the first 8 stitches for one leg, leaving the other 8 stitches on a holder.
 - o Continue in stocking stitch for 8 rows, switching to shoe colour for the last 4 rows. Cast Off.
 - Repeat for the second leg.

Arms:

- 1. Cast on 8 stitches in skin-coloured yarn.
- 2. Knit in stocking stitch for 4 rows.
- 3. Switch to sleeve colour and knit for 8 rows
- 4. Cast off and repeat for the second arm.

Dress or Shorts:

• For a Dress:

- a. Cast on 24 stitches in dress colour.
- b. Knit in stocking stitch for 8 rows. Cast off.
- c. Sew into a tube.
- d. Add details like ribbon or embroidery, if desired.

• For Shorts:

1. Cast on 10 stitches for each leg. Knit in stocking stitch for 8 rows and sew together at seams.

Hair:

- 1. Use brown or yellow yarn. Cut lengths twice the desired hair length.
- 2. Attach strands to the top of the head and style accordingly.

Facial Features:

• Embroider eyes, a small nose, and a smile with embroidery thread.

Assembly:

- 1. Stuff the doll lightly with fibrefill.
- 2. Sew top of head and around the neck with running stitch and pull up tight. Sew arms and legs to torso securely. Fit shorts/dress around waist of doll and attach. Stitch centre of shorts halfway from the bottom to divide the legs.

Add accessories like a tiny hat, scarf, satchel or tiny Union Jack flags to hold.

Final Adjustments:

- Size Variation: You can adjust the size further by using a thinner or thicker yarn, and tweaking the stitch count or row lengths.
- Finishing: Always stuff lightly so the doll maintains its shape, and add tiny details for personality!





